FOR IMMEDIATE RELEASE

RecoveryTrek Partners with Sentara Health Plans to offer PROOF™

Norfolk, Va. and Hampton Roads, Va. (April 2025) — RecoveryTrek, LLC and Sentara Health Plans are partnering to provide PROOF™, an innovative solution for remote observed drug and alcohol testing, to Medicaid plan members diagnosed with substance use disorder. PROOF™ will be offered to Sentara Health Plans Medicaid members residing in rural areas of Virginia and to those who have difficulty traveling to clinics.

The partnership leverages the PROOF™ virtual remote collection and testing solution in conjunction with lab-based oral fluid testing. Beginning in March of 2025, Sentara Health Plans Medicaid members diagnosed with substance use disorder who reside in the Roanoke, Virginia area will begin to receive PROOF™ test kits and access to the PROOF™ App and technology solution which provides anywhere, anytime, at-home drug, alcohol, and healthcare diagnostic testing.

“As part of our mission to transform recovery, monitoring and health & wellness and enable members, participants, as well as consumers to take control of their health and journey through recovery, we are thrilled to partner with Sentara Health Plans to make it easier, more convenient and less costly for Sentara Health Plans Medicaid members to access critical testing,” said Kirk Cizerle, CEO of RecoveryTrek. “PROOF™ offers numerous virtual, remote at-home solutions for a variety of drug and alcohol testing methods.”

“We are excited to partner with RecoveryTrek to provide our Medicaid members with enhanced support on their recovery journeys,” said Candice McAuliffe, Medicaid Plan President and Vice President of Sentara Health Plans. “The PROOF remote testing kits offer greater access to monitoring and treatment for members facing transportation challenges, potential work interruptions, or geographic isolation. This tool empowers them to engage in their recovery while minimizing disruptions to daily life.”

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About RecoveryTrek • www.recoverytrek.com
RecoveryTrek, a technology solutions provider and third-party administrator (TPA), headquartered in Norfolk, VA has been in business since 2011 offering a full range of products and services related to managing successful substance use disorder, recovery, compliance monitoring, and employment testing programs. RecoveryTrek is recognized nationally and serves clients across all 50 States including Treatment Centers, Professional Health Programs, Hospitals, Clinics, Private Practices, Drug & Family Courts, Employers, and Individuals.

About Sentara Health
Sentara Health, an integrated, not-for-profit health care delivery system, celebrates more than 130 years in pursuit of its mission - "we improve health every day." Sentara is one of the largest health systems in the U.S. Mid-Atlantic and Southeast, and among the top 20 largest not-for-profit integrated health systems in the country, with 30,000 employees, 12 hospitals in Virginia and Northeastern North Carolina, and the Sentara Health Plans division which serves more than 1 million members in Virginia and Florida. Sentara is recognized nationally for clinical quality

and safety, and is strategically focused on innovation and creating an extraordinary health care experience for our patients and members. Sentara was named to IBM Watson Health's "Top 15 Health Systems" (2021, 2018), and was recognized by Forbes as a "Best Employer for New Grads" (2022), "Best Employer for Veterans" (2022, 2023), and "Best Employer for Women" (2020).

About Sentara Health Plans
Sentara Health Plans provides health plan coverage to nearly one million members in Virginia and Florida. Sentara Health Plans offers a full suite of commercial products including employee-owned and employer-sponsored plans, as well as Individual & Family Health Plans, Employee Assistance Programs and plans serving Dual-Eligible, Medicare, and Medicaid enrollees.

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